

EXCEPTIONAL CARE FOR A *Lifetime*

Introducing Collaborative Care at CalvertHealth.

A team-based approach providing our patients with access to our entire network of OB/GYNs.

Welcome to CalvertHealth Obstetrics & Gynecology! Whether you are an existing patient or a new patient, we are delighted to extend our warmest greetings as you embark on the incredible journey of pregnancy and parenthood. We look forward to supporting you through this chapter with our unique, collaborative approach to prenatal care.

Using this team-based approach, you will have access to our entire network of providers for office visits. When it comes time for delivery, we have a specialized team of providers who will provide care for all expectant mothers. The team includes providers from our practice, as well as additional providers on our medical staff who specialize in labor and delivery. This collaboration ensures comprehensive care throughout your experience with us.

Here's what you can expect:

Access to Expertise: Every pregnancy and delivery is unique, and each healthcare provider brings their own experiences and expertise. By rotating through different providers during your prenatal visits, you will benefit from a wide range of insights and perspectives, enriching your overall prenatal experience.



CalvertHealth®
Obstetrics & Gynecology

Comprehensive Assessment: Our team collaborates closely to ensure a thorough assessment of your maternal and fetal health. Different providers may offer various approaches to prenatal care, leading to a more comprehensive evaluation and potentially identifying any issues that need attention.

Building Trust and Rapport: Developing a trusting relationship with your healthcare providers is essential during pregnancy. Our approach allows you to connect with multiple members of our team, fostering trust and rapport with each - enhancing your prenatal experience.

Flexible Scheduling: We understand that your schedule may be hectic, and finding time for prenatal appointments can be challenging. This approach offers greater flexibility in scheduling, allowing you to book appointments that fit your busy lifestyle more conveniently.

Preparation for Birth: Labor and delivery can be unpredictable. Exposure to different providers will help you to feel more comfortable and confident when the time comes to deliver your baby. Collaborative Care ensures that you have a team of dedicated, board-certified OB/GYNs accessible to you in the Family Birth Center 24/7/365.

Continuity of Care: While rotating providers may seem to disrupt continuity, it actually enhances it. Our providers collaborate through a common medical record, ensuring that important information about your medical history and preferences is shared among the care team, promoting seamless continuity of care.

We are truly excited to have you as part of our practice and look forward to providing the exceptional care you deserve. If you have any questions or concerns, please do not hesitate to reach out to us. Our OB Nurse Navigator and Certified Childbirth Educator, Cheryl Windsor BSN, RN, CCE (*pictured right*) will be happy to answer any questions in collaboration with our physicians. In her role, Cheryl will also provide care coordination to help schedule and manage appointments, screenings and tests, as well as provide emotional support to help navigate any challenges you may encounter.

At CalvertHealth OB/GYN, we are dedicated to providing the highest quality of care, tailored to your individual needs. This approach is a cornerstone of our practice, offering numerous benefits to you as a valued patient – from your first visit through delivery. To learn more, or for answers to your most frequently asked questions, scan the QR Code.



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